

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes
8:00 AM - 9:00 AM Adult Yoga	8:00 AM - 9:00 AM Adult Yoga	8:00 AM - 9:00 AM Adult Yoga	8:00 AM - 9:00 AM Adult Yoga	8:00 AM - 9:00 AM Adult Yoga	8:00 AM - 9:00 AM Adult Yoga	8:00 AM - 9:00 AM Adult Yoga
8:30 AM - 9:30 AM Adult Swim	8:30 AM - 9:30 AM Adult Swim	8:30 AM - 9:30 AM Adult Swim	8:30 AM - 9:30 AM Adult Swim	8:30 AM - 9:30 AM Adult Swim	8:30 AM - 9:30 AM Adult Swim	8:30 AM - 9:30 AM Adult Swim
1:00 PM - 2:00 PM Save Room for Ice Cream	10:00 AM - 11:00 AM Beach Ecology Walk	10:00 AM - 11:00 AM Bug's Life Tour	9:30 AM - 10:30 AM Family Yoga	10:00 AM - 11:00 AM Garden Tour	9:30 AM - 10:30 AM Family Yoga	9:30 AM - 10:30 AM Family Yoga
3:00 PM - 4:00 PM Children's Art	1:00 PM - 2:00 PM Save Room for Ice Cream	1:00 PM - 2:00 PM Save Room for Ice Cream	1:00 PM - 2:00 PM Save Room for Ice Cream	1:00 PM - 2:00 PM Save Room for Ice Cream	1:00 PM - 2:00 PM Save Room for Ice Cream	1:00 PM - 2:00 PM Save Room for Ice Cream
Nightly S'mores	3:00 PM - 4:00 PM Children's Art	4:00 PM - 5:00 PM Cheers to Vacation	Nightly S'mores	4:00 PM - 5:00 PM Mixology	3:00 PM - 4:00 PM Children's Art	3:00 PM - 4:00 PM Children's Art
	Nightly S'mores	Nightly S'mores		Nightly S'mores	Nightly S'mores	Nightly S'mores

Cruising Bikes Borrow our family cruising bikes for a ride to area lighthouses or the Lobster Shack. Available daily, on a first come first serve basis. See valet team.

S'mores by the Fire Cozy up to the fire each night for a summer night favorite of s'mores by the fire.

Adult Swim (7/1-10/12) For the big-kids only, start the day with some laps around the pool or lounge with your morning coffee. Available daily.

Adult Yoga (5/28-10/4) Refresh the body & mind with a mixed level class overlooking the Atlantic. Meet on the front lawn, sanitized mats provided. Available daily.

Save Room for Ice Cream (6/25-9/5) Join us for a sweet treat! All ages welcome, meet at the west end picnic tables. Available daily.

Beach Ecology Walks (7/5-8/30) Join the Inn's Green Program Manager for a relaxed walk & discussion around local endangered wildlife, the impact of warming waters on coastal communities, the Inn's triple bottom line operations & intro to regenerative tourism. Meet on the boulevard.

Children's Art (6/28-9/5) Create a masterpiece that reminds you of your Maine vacation all year long. Meet at the west end picnic tables, weather dependent, all art supplies are provided. A take-away project is available.

Family Beach Walk (7/7-9/1) Explore Crescent Beach & the wildlife sanctuary with a naturalist. Visit tide pools, learn about local wildlife & the natural history of Cape Elizabeth. All ages meet on the boulevard. A self-guided hand out is available.

Cheers to Vacation (6/22-8/31) Raise a glass with Managing Director Michael Briggs and Director of Sales Jessica Stowell for a complimentary pour of house wine, beer, soda, or juice for our in-house guests. Limit one per person.

Bug's Life Tour (6/29-8/31) A whimsical look at eco systems for kids—part eco education and part arts & crafts. Weather dependent. Meet on the boulevard.

Garden Tour (7/1-10/7) The Inn's head gardener Derrick Daly shares his enthusiasm and secrets for creating indigenous gardens that are both beautiful and great for the environment. Meet on the boulevard.

Mixology (7/1-8/26) Meet in Sea Glass Lounge for a mixology session with ever-changing spirits.

Go Fly a Kite! (Friday's - 7/2, 7/16, 8/6 & Thursday 8/26 from 2:00 PM - 4:00 PM) Glenn Davison returns with his amazing collection of kites. Join him on the seaside lawn to watch them soar!